## **Fry Instant Phrases**

The words in these phrases come from Dr. Edward Fry's Instant Word List (High Frequency Words). According to Fry, the first 300 words in the list represent about 67% of all the words students encounter in their reading.

## First 100 Words/Phrases

That ive words/i mases		
The people	A long time	Now is the time
Write it down	We were here	An angry cat
By the water	Have you seen it?	May I go first?
Who will make it?	Could you go?	Write your name.
You and I	One more time	This is my cat.
What will they do?	We like to write.	That dog is big.
He called me.	All day long	Get on the bus.
We had their dog.	Into the water	Two of us
What did they say?	It's about time	Did you see it?
When would you go?	The other people	The first word
No way	Up in the air	See the water
A number of people	She said to go	As big as the first
One or two	Which way?	But not for me
How long are they?	Each of us	When will we go?
More than the other	He has it.	How did they get it?
Come and get it.	What are these?	From here to there
How many words?	If we were older	Number two
Part of the time	There was an old man	More people
This is a good day.	It's no use	Look up
Can you see?	It may fall down.	Go down
Sit down.	With his mom	All or some
Now and then	At your house	Did you like it?
But not me	From my room	A long way to go
Go find her	It's been a long time.	When did they go?
Not now	Will you be good?	For some of your people
Look for some people.		Second 100
I like him.		Over the river
So there you are.	Give them to me.	My new place
Out of the water	Then we will go.	Another great sound

Take a little Set it up. I study in school.

Give it back. Put it there. I'm an American.

Only a little Where does it end? Such a mess
It's only me. I don't feel well. Point it out
I know why. My home is large. Right now

Three years ago It turned out well. It's a small world. Live and play Read the sentence. Big and small

A good man This must be it. Home sweet home
After the game Hand it over. Around the clock
Most of the animals Such a big house Show and tell

Our best things The men asked for help. You must be right.

Just the same A different land Tell the truth.

My last name They went here. Good and plenty
That's very good Get to the point. Help me out

Think before you act Because we should. It turned out well.

Mother says to now. Even the animals It's your place.

Where are you? Try your best. Good things
I need help. Move over. I think so.

I work too much. We found it here. Read the book.

Any old time Study and learn

Through the line Kind of nice

Right now Spell your name.

Mother means it. The good American
Same time tomorrow Change your clothes

Tell the truth Play it again.

A little boy Back off.

The following day Give it away.

We came home. Answer the phone.

We want to go. Turn the page.

Show us around. The air is warm.

Form two lines. Read my letters.

A small house also It's still here.

Another old picture Where in the world.

Write one sentence. We need more.

Third 100A group of friendsIt's time to eat.Near the carWe got together.Let me carry it.Between the linesWe left it here.Near the sea

My own father Both children Talk to my father.

In the country It's my life The young face

Add it up Always be kind The long list

Read every story Read the paper. My family

Below the water Run for miles I cut myself.

Plants and flowers

Once upon a time

Above the clouds

Will it last?

Do it often.

We walked four miles.

The peaceful Indians

Plant the trees. Until the end Without a care

Light the fire. A second later I like being on the team.

The light in your eyes Stop the music. The tall mountains

In my head Read your book. Next to me
Under the earth Sing your song. A few children
We saw the food. State your case. A long life

Close the door. I miss you. A group of Indians

The big city A very important person He started to cry.

We started the fire. On my side I hear the sea.

It never happened. I took the car. An important idea

A good thought So far so good The first day of school

Stay a while. The young girl Almost four miles

A few good men My feet hurt.

Don't open the door. The dark night

You might be right. A good idea

It seemed too good.

Along the way

Watch the river.

Next time

White clouds

It's hard to open.

Too soon

Something good Leave it to me.

For example I hear the waves.

In the beginning Almost enough

Those other people Is it really true?

Fourth 100

The color of the sun

Answer my questions.

I knew that dog.

I heard the music.

The problem was easy.

My friends knew.

Birds and fish

Stand in the room

Ever since I knew you

The red door

Are you sure?

Across the town

The horses compete

Easy does it.

Didn't I tell you?

The best body

I feel better

The whole piece

I told you.

I reached the top.

It happened today.

Listen to the wind.

Mark your paper.

However you like it

He covered himself.

Several black tables

Measure the area.

Toward morning

Black and blue

Usually I am right

Five hundred products

Remember my order

Fish and chips

Rock and roll

Against all odds

Early in the morning

During the war

The dogs become quiet

North and south

I'll draw a picture

The ship hit the waves

A short vowel sound

Tried and true

I noticed the fire.

Farm and field

The king's voice

Travel slowly

I'm low on money.

The king was seen.

Twenty-four hours a day

The horse pulled hard.

We covered the ground.

Step carefully.

Hold fast.

It passed quickly.

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Once upon a time

The wood was on fire.

A map of our town

We need more space.

Cold and hungry

Plan your day.

I am certain.

Go figure.

Don't fall down.

Follow the pattern.

We cried for hours.

A big unit

No problem

What happened here?

Learn your numerals.

Down on the farm

Sing your song.

Walk slowly.

Several friends

The big red dog

Listen to your friends

The birds sing

A hundred dogs

I'll remember you.

Today was better.

A fast ship

A hundred black birds

Some travel money

The whole thing

We heard the king sing

Across the town

Sing to the music.

The best products

South of town

Fifth 100 Oh boy. It became clear

The shape of things

The stars shone.

Bring the material here

A good person

Go to first base

What did it contain?

The island was warm.

Read the note.

The force is with you. It's finally over. Not yet.

All systems are go. I feel strong. The race course

Power to the people The surface of the ocean The ball game

We built that house. He decided quickly. A dark night

Include me in the picture Inside the box A pair of stars

I cannot do this. Six years ago The rules of government

Who brought the cake? Less than a week I understand now.

Though it is now over. The green machine The size of the building

Feel the warm ocean Fly the plane. Check the heat

An English muffin Stay on the boat. A math equation

A green island The deep ocean The answer is yes.

The round ball The dry ground It was filled with water.

Last week Six smart scientists Nothing is final.

A special day The round ball The heavy object

I object to that We ran behind it. We are able to produce
The surface of the ocean Explain it carefully We're in hot water.

The first course is soup. The facts are known. Among my family

Check the facts Across the street My circle of friends
It's strong material. Nouns and verbs

A correct answer

State government I am fine.

Inside the building

Think quickly Bring a thousand balls.

The stars came out. We cannot lose.

The English language The front wheels

Thousands of years ago Twelve inches to a foot.

Circle the wagons Ten more minutes

An English road He stood his ground.

It's half done. The rest of the class

I gave her a box. The light shown brightly

I'll wait till ten. A common language

Sixth 100 Heart and mind In two months

It doesn't matter I sat on the eggs. The tree root

Pay the bill. The fast train My parents raised me.

I can't do it. It made the difference. Shall we go?

I broke the record. A region of Europe We picked fruit. A million flowers The farmers are ready In the distance Anything can happen. A simple story Six months ago

Go the distance. It was the third strike. Two syllables

I love to dance. Train your mind. Whether or not

Members of the class The blue sky He discovered a cure. Dance is exercise Gone with the wind A good cause

The window is square The main difference He held her hand tightly. The cells divided. Describe your brother. Race past the sign.

I suddenly felt ill. It kept my interest. Blue paint

The bright moon Sign your name here. The town square The center of the earth A wild race The full moon

In my direction She finished first. I believe in you.

The test was hard. A beautiful present It probably will happen. Perhaps we should. The glass window Anything you want

Drop the ball. He developed a rash. Keep your interest high I wish it were summer. My oldest brother What's the difference?

It's cold in winter. A written paragraph A beautiful summer day The answer is a sum.

Full of energy

The length of the car

Sit on the wall. A good reason I'll probably return. Meet me here.

The weather instruments A lot of energy

Beside the wild river My teacher is happy

I believe you. A good job The general is in charge. The sharp edge Math is a hard subject. The soft clothes

The store sells paint. I represent my family.

My arms and legs Drive to the west. I love the flowers. Lay on your side.

Rain may cause a flood. The forest in the west